

INTEGRATIVE MEDICINE PROGRAM *for Women*

What to expect at your first visit

Thank you for choosing The Cooper Integrative Medicine Program for Women to help you achieve optimal health and wellness.

Your first visit to our office will involve a comprehensive, 60-minute consultation with one of our board-certified Integrative Medicine physicians, David M. Nocchi, MD, or Meena R. Sharma, MD.

This is longer than a traditional office visit because we believe this amount of time is necessary for a thorough and successful consultation.

During your consultation, the Integrative Medicine physician will review your patient information form with you, take a detailed history, and conduct a brief physical exam. This enables us to develop a unique, personalized treatment plan based on your individual needs and goals.

Follow-up visits may be necessary to assess your progress and make adjustments, as appropriate.

It's important to know that the Cooper Integrative Medicine Program for Women is designed to complement existing treatment plans provided by your primary care and specialty physicians. It does not replace the care they provide.

After your initial visit and development of your care plan, we will send your primary care physician a detailed summary of your visit and a list of therapies that we have recommended.

We look forward to helping you on your journey to optimal health.

Please complete the Patient Information Form and return it to us at least two days prior to your visit.

The form can be found at:
CooperHealth.org/IntegrativeMedicine

The success of your first visit depends on us having this completed form so our team can review the information and be properly prepared to address all your needs and concerns.

Know that all questions on this form are optional — you can choose to complete only those questions you are comfortable answering.

Please return the form via mail, fax, or email.

Mail to:

Integrative Medicine Program
The Ripa Center for Women's Health and Wellness
6100 Main Street Promenade
901 Centennial Boulevard
Voorhees, New Jersey, 08043

Fax to:

856.673.4497

Scan and email to:

IntegrativeMed@CooperHealth.edu

To make an appointment with The Cooper Integrative Medicine Program for Women, please call The Ripa Center for Women's Health and Wellness at Cooper at

856.673.4912.

