



# Live Virtual Car Seat Check-Ups and Passenger Safety Education



In light of recent guidelines designed to reduce the potential for exposure to COVID-19, Safe Kids at Cooper University Health Care will be offering "virtual" car seat safety check-ups live through a video call.

At no cost, a Safe Kids certified child safety seat technician will help identify the proper seat for your child's age, weight, and height and virtually assist in properly installing your child's car seat in your vehicle.

**TO SCHEDULE** a live virtual car seat check-up, email **Maureen Donnelly**, *Certified Safe Kids Child Passenger Safety Technician Instructor*, at **[donnelly-maureen@cooperhealth.edu](mailto:donnelly-maureen@cooperhealth.edu)** or call **856.342.2082**

 **Cooper**  
University Health Care

**SAFE  
KIDS**  
SOUTHERN  
NEW JERSEY

800.8.COOPER (800.826.6737) • CooperHealth.org

## Tips for a Successful Virtual Car Seat Check-Up

- You will need a phone or device with a camera. Schedule a time when a second person is available to hold the phone or device for the ability to make necessary adjustments to the seat.
- Car should be parked in an area with good lighting and car door fully open.
- Read the car seat and vehicle manuals prior to your appointment and have both available during the call.
- For brand new car seats, remove the seat from the box, cut off any tags and save the warranty card to submit to receive recall notifications.
- For previously used car seats, check the expiration date (usually found on a sticker on the side or bottom of the seat).
- Move the front vehicle seats forward and tilt them toward the front providing work space in the back seat.
- Install the car seat in advance of your scheduled time and follow the directions provided in the manual. Your video consultation is designed to review your installation and make any necessary corrections.
- Have your child available for the beginning of the inspection to check proper harness height and fit. Be prepared with your child's height and weight to confirm they fit within the limits of the seat.