

Your arrival is scheduled on: _____ Doctor's Name: _____

Your procedure will be performed at:

Cooper University Hospital (STU)
Special Tests Department
6th Floor Kelemen Building
One Cooper Plaza
Camden, NJ 08103

Cooper Digestive Health Institute (CDHI)
Suite 102
501 Fellowship Road
Mount Laurel, NJ 08054

PLEASE READ ALL INSTRUCTIONS ON THE DAY YOU RECEIVE THEM.

(Follow only these instructions given by the Gastroenterology Department.)

About Colonoscopy

Bowel preparation (cleansing) is needed to perform an effective colonoscopy. Any stool remaining in the colon can hide polyps and may result in the need to repeat the colonoscopy. You should plan to be at the facility/hospital for 2-4 hours. It is critical that you follow the instructions as directed.

The physician will discuss your procedure with you when you are in the pre-op room. Every effort will be made to keep your appointment at the scheduled time, but in medicine, unexpected delays and emergencies may occur and your wait time may be prolonged. We give each patient the attention needed for his or her procedure.

General Instructions

1. To ensure that you are prepped correctly, please follow only these instructions. DO NOT follow instructions from your pharmacist or the prep box.
2. Please bring your insurance card, photo identification, and procedure copayment. If you are unsure of what your copay amount will be, please contact your insurance company or wait for us to call you 2-3 days before your procedure.
3. The patient service representative will contact you with your arrival time the day before your procedure.
4. Please leave your valuables and all jewelry at home. DO NOT wear eye makeup or contact lenses. This will prevent eye irritation during your procedure.
5. Intravenous sedation medicine is usually given during your procedure. Because of regulatory requirements and for your safety, you must arrange for someone to drive you home. If you do not have a driver, your procedure will be rescheduled. If you are taking a cab or public transportation, you must be accompanied by someone older than 18.
6. You will not be able to drive, operate machinery, make important decisions, or return to work for the rest of the day. You may resume normal activities the day after your procedure unless the doctor states otherwise.
7. If you have a colostomy, please bring an extra stoma bag.
8. To view our website for information and prep instructions, go to:
www.cooperhealth.org/departments-programs/gastroenterology/digestive-health-institute/patient-resources
9. If you need to cancel, please call the office in advance at 856.380.7768.