

Maria Lania-Howarth, MD, FAAAAI, FAAAAI, *Division Head*
Diplomat of the American Board of Allergy and Immunology
856.325.6755

Please STOP taking these medications one week before allergy testing:

ANTIHISTAMINES

- Alavert, Claritin, Claritin-D (Loratidine)
- Allegra/Allegra-D (Fexofenadine)
- Benadryl (Diphenhydramine)
- Chlortrimeton (Chlorpheniramine)
- Clarinex (Desloratidine)
- Atarax, Vistaril (Hydroxyzine)
- Periactin (Cyproheptadine)
- Xyzal (Levocetirizine)
- Zyrtec/Zyrtec-D (Cetirizine)

ANTIHISTAMINES / Cold or Allergy Medications

- AlleRx/AlleRx-D
- Astepro/Astelin nasal spray
- Bromfed/bromphenex (Brompheniramine)
- Dimetapp (Brompheniramine)
- Duradryl D-Allergy
- Extendryl (Chlorpheniramine)
- PediaCare Cough & Cold D-Allergy
- NyQuil (Doxylamine)
- Promethazine
- Robitussin Cough & Cold
- Rondec (Carbinoxamine)
- Rynatan/Rynatuss Ryna-12 (Chlorpheniramine)
- Semprex D (Acrivastine)
- Tanafed/Tannate (Chlorpheniramine)
- Triaminic (Nighttime Cough & Cold; Cold & Allergy; Cold & Cough)
- Tussi-12 D-Allergy
- Tylenol Cold

You may CONTINUE taking these medications:

- Asthma Medications (any inhalers, Singulair/Montelukast)
- Nose Sprays
- Cough Medications (that do not contain any of the above antihistamines)
- Oral Steroids