Know the FAST signs and symptoms of stroke:

STROKE is the most common neurological problem that affects adults in the United States — more than 750,000 people each year. It is the fourth leading cause of death and the leading cause of disability.

**FAST**

- **F**ACE Drooping: Does one side of the face droop or is it numb? Ask the person to smile. Is the person’s smile uneven?
- **A**RM Weakness: Is one arm weak or numb? Ask the person to raise both arms. Does one arm drift downward?
- **S**PEECH Difficulty: Is speech slurred? Is the person unable to speak or hard to understand? Ask the person to repeat a simple sentence, like “The sky is blue.” Is the sentence repeated correctly?
- **T**ime to call 9-1-1: If someone shows any of these symptoms, even if the symptoms go away, call 9-1-1 and get the person to the hospital immediately. Check the time so you’ll know when the first symptoms appeared.

Cooper Neurological Institute

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