

Your arrival is scheduled on _____ Doctor's Name: _____

Cooper University Hospital (CUH) Cooper Digestive Health Institute (CDHI)

Please register in CUH, Special Tests Department CDHI, Suite 102
6th Floor Kelemen Building 501 Fellowship Road
One Cooper Plaza, Camden, NJ 08103 Mount Laurel, NJ 08054

PLEASE READ ALL INSTRUCTIONS ON THE DAY YOU RECEIVE THEM

(Follow only these instructions given by the Gastroenterology Department)

About Colonoscopy

Bowel preparation (cleansing) is needed to perform an effective colonoscopy. Any stool remaining in the colon can hide polyps and result in the need to repeat the colonoscopy. You should plan to be at the facility/hospital 2–4 hours. It is critical that you follow the instructions as directed.

The physician will discuss your procedure with you when you are in the pre-op room. Every effort will be made to keep your appointment at the scheduled time, but in medicine, unexpected delays and emergencies may occur and your wait time may be prolonged. We give each patient the attention needed for his or her procedure.

General Instructions

1. To ensure you are prepped correctly, please only follow these instructions. DO NOT follow instructions from your pharmacist or the prep box.
2. Please bring your insurance card, photo ID and procedure co-payment. If you are unsure of what your co-pay amount will be, please contact your insurance company or wait for us to call you 2-3 days prior to your procedure.
3. The patient service representative will contact you with your arrival time the day before your procedure.
4. Please leave your valuables and all jewelry at home. Do not wear heavy eye makeup or contact lenses. This will prevent eye irritation during your procedure.
5. Intravenous sedation medicine is usually given during your procedure. Due to regulatory requirements and your safety, you must arrange for someone to drive you home. If you do not have a driver, your procedure will be rescheduled. If taking a cab, or public transportation, you must be accompanied by someone over the age of 18.
6. You will not be able to drive, operate machinery, make important decisions or return to work for the rest of the day. You may resume normal activities the next day unless the doctor states otherwise.
7. If you have a colostomy, please bring an extra stoma bag.
8. If you need to reschedule your procedure, please call **856.642.2133**, Option 1, then Option 2. If you have questions concerning your prep or procedure, call **856.339.6040**.
9. To view our website for information and prep instructions go to: **CooperHealth.org/GIPrep**